

50 gratitude journal WRITING PROMPTS

01. My favorite place in the world to be is...
02. One lesson I learned the hard way...
03. My earliest happy memory...
04. Something encouraging my friend told me...
05. One thing that gives me hope...
06. A song that always puts a smile on my face...
07. Something creative I enjoy doing...
08. One way my friend came through for me...
09. A book I really enjoyed reading...
10. An unexpected act of kindness...
11. Something I really appreciate about my mom...
12. The physical feature I'm most thankful for...
13. Three things I love about spring...
14. Something I learned from my favorite teacher...
15. I laughed so hard when...
16. The most thoughtful gift I ever received...
17. I was so relieved when...
18. The coolest piece of modern technology...
19. Something I never want to take for granted...
20. My favorite thing to do in the summer...
21. I think the coolest animal God made is...
22. I'm grateful that my parents...
23. The sport I enjoy most is...
24. My life wouldn't be the same without...
25. The most beautiful flowers I've ever seen...
26. The school subject that comes easiest to me...
27. Of my five senses, the one I'm most grateful for...
28. My friends and I love to...
29. I'm always happy to see this on the menu...
30. My happiest birthday memory is ...
31. One way I've seen God answer prayers ...
32. A class I really enjoyed taking in school...
33. The thing I love most about autumn...
34. What I'm most looking forward to next year...
35. The best vacation I've ever taken...
36. Something important I've learned recently...
37. A movie that moved me to tears...
38. I feel like dancing when...
39. Three things I love about winter...
40. The prettiest view I've ever seen...
41. My favorite thing to wear is...
42. My dearest possession is...
43. Something fun I did recently...
44. A topic I think is super interesting...
45. A medical advancement I'm grateful for...
46. My favorite hymn to sing is...
47. The best way to relax at the end of a long day...
48. Someone whose personal story I find inspiring...
49. My favorite dessert is...
50. I love my...

