MEAL TIME

GOD is great, GOD is good. Let us thank Him for our food.

PRAYER DICE

For what we are about to receive, LORD, make us truly thankful.

Thank You for Your blessings, LORD: for daily food and for Your Word. LORD,
bless this food
and bless
the hands
that prepared it.

LORD, may this food bless and nourish our bodies and strengthen us to serve You better.

GOD,
help me
to appreciate
the food I find
upon my plate.

Cut out the prayer dice, fold and glue tabs inside to form a cube. Roll before meals and say the prayer that lands face up.

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