

# MEALTIME CONVERSATION STARTERS

## Table Talk



Would you rather  
wash dishes or dry?

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## Table Talk



What's your favorite  
kind of cookies?  
Have you ever  
made them yourself?

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## Table Talk



Did you have a  
"best friend" growing up?  
Describe that person.

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Say something nice  
about the person  
on your right.

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What's your favorite  
Disney character  
and why?

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## Table Talk



If you could only eat one  
kind of dessert  
for the rest of your life,  
what would you pick?

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Do you prefer  
coffee or tea?  
How do you take it?

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If NASA were recruiting  
pioneers for a new  
settlement on Mars,  
would you apply?

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What's your favorite kind of donut?

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What are your favorite colors to wear and/or to look at?

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How many different ways can you think of to reuse/repurpose/recycle a milk jug?

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Have you ever experienced a miracle or been helped by a "guardian angel?" Explain.

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Which Summer Olympic sport would you be most interested in watching?

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What's your preferred topping for an ice cream sundae?

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If you needed to wear corrective lenses, would you prefer glasses or contacts?

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Would you rather read fiction or nonfiction books?

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Who's your favorite music artist (or classical composer)?

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Do you like to cook?  
What's your specialty?

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If you had to give up one of your five senses, which would you choose?

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Where and what was the fanciest meal you've ever eaten?

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What's your favorite fast food restaurant?

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Name a food you didn't like at first but eventually developed a taste for.

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Share a story you enjoy hearing your parents tell about you.

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Do you follow the 5-second rule?  
Would you eat something you dropped on the floor?

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