

# PRAYING FOR YOUR WIFE FROM HEAD TO TOE

## Pray for Her Brain:

Pray that God would mold her into a capable, intelligent, and virtuous woman and would keep her thoughts centered on whatever is true, lovely, right, pure, noble, and worthy of praise. (Proverbs 31:10; Philippians 4:8)

## Pray for Her Eyes:

Ask God to give her eyes of compassion, so she could see others as He sees them. (Matthew 9:36; 1 Samuel 16:7b)

## Pray for Her Ears:

Pray that she would listen for God's still, small voice and would remain ever attentive to the His promptings. (Isaiah 30:9; 1 Thessalonians 5:19)

## Pray for Her Mouth:

Ask that God would fill her mouth with skillful and godly wisdom, that the law of kindness would remain on her tongue, and that she would only and always speak the truth in love. (Proverbs 31:26; Ephesians 4:15)

## Pray for Her Heart:

Pray that God would fill your wife's heart with love and respect for you and with tender patience toward your children. (Ephesians 5:33; 1 Thessalonians 2:7)

## Pray for Her Arms:

Ask God to gird your wife with strength, making her arms strong and firm. Pray that He would bless the work of her hands and that she would do her work cheerfully, as unto Him. (Proverbs 31:17, 31; Colossians 3:23)

## Pray for Her Womb:

Pray that God would bless the fruit of her womb by giving her children who walk in truth. (Psalm 127:3; 3 John 1:4)

## Pray for Her Legs:

Ask God to strengthen and sustain your wife, so that she can walk and not faint and will not tire of doing good. (Isaiah 40:31; 2 Thessalonians 3:13)

## Pray for Her Feet:

Pray that her feet would be shod with the preparation of the gospel of peace so that she might faithfully pursue righteousness and love. Ask God to lead her in the path of wisdom and truth and to keep her foot from stumbling. (Ephesians 6:15; Proverbs 21:21; Proverbs 4:11-12)

