

Boredom Busters



MOM...
What can I do?

- ★ Read a book
- ★ Play a game
- ★ Ride your bike
- ★ Draw a picture
- ★ Clean your room
- ★ Write a story
- ★ Bake some cookies
- ★ Practice the piano
- ★ Take a walk
- ★ Set some goals
- ★ Work a puzzle
- ★ Throw a Frisbee
- ★ Organize a closet
- ★ Make a craft
- ★ Build a fort
- ★ Play freeze tag
- ★ Write a letter
- ★ Do some chores
- ★ Build with Legos
- ★ Jump a rope
- ★ Climb a tree
- ★ Pull some weeds
- ★ Sing a song
- ★ Compile a list
- ★ Dig a hole
- ★ Plant a seed