# Grocery Shopping List

**BREAD/BAKERY:**
- sandwich bread
- bagels
- English muffins
- French bread
- dinner rolls
- corn tortillas
- flour tortillas
- flat bread

**PRODUCE:**
- apples
- bananas
- strawberries
- grapes
- lemons
- pineapple
- kiwi
- green onion
- zucchini
- lettuce
- cabbage
- spinach
- carrots
- onions (red/yellow)
- broccoli
- cauliflower
- potatoes
- avocados
- tomatoes

**MEAT/CHEESE:**
- salmon
- ground sirloin
- boneless chicken breasts
- turkey breast
- luncheon meat
- tamales
- grated cheese

**PASTA/BEANS:**
- egg noodles
- spaghetti noodles
- rice
- beans

**PREPARED FOODS:**
- guacamole
- velvet cheese

**DAIRY/EGGS:**
- butter
- biscuits
- yogurt
- sour cream
- gallons 1% milk
- gallons ½ % milk
- quart half-n-half
- dozen eggs
- orange juice

**SNACK FOODS:**
- tortilla chips
- granola bars
- nilla wafers
- crackers
- pop tarts
- pop corn
- peanuts
- goldfish
- raisins

**DRY GOODS/BAKING:**
- flour
- sugar
- quick oats

**CANNED FOODS:**
- refried beans
- chili
- cream of chicken soup
- tomato soup
- ranch style beans

**CONDIMENTS/SPICES:**
- salad dressing
- olives
- mayonnaise
- mustard
- ice cream (vanilla/other)
- vegetables
- pizza
- orange juice

**FROZEN FOOD:**
- toothpaste
- deodorant
- cold medicine
- band-aids
- tylenol

**PAPER GOODS:**
- diapers
- wet wipes
- paper towels
- paper napkins
- maxi pads

**CLEANING SUPPLIES:**
- dishwashing liquid
- dishwashing tablets
- laundry detergent

**HEALTH/HYGIENE:**
- dishwashing liquid
- dishwashing tablets
- laundry detergent