

# Flanders' Florida Trip/ Caribbean Cruise – Winter 2002

All Itinerary Details Subject to Change without Notice

## Tuesday, January 8

- Run 9 miles before leaving town!
- Niagara Falls T-shirts/ khaki pants/ navy sweatshirts
- Pray/ Check gas
- Tyler, TX → Monroe, LA (200 mi)
- Lunch at Trenton St. Café or Rialto Café in Antique Alley/ shop awhile
- Note Ouachita River (divides Monroe/ West Monroe) – National Geographic named it one of the 10 most beautiful (in the state? nation? world? didn't specify)
- Monroe, LA → Jackson, MS (120 mi) via I-20
- Visit Mississippi Museum of Natural Science (601-354-7303) – p. 178  
Open M-F 8-5. Free to DSP members
- Jackson Zoological Park free to Dallas Zoo Members (maybe save for next trip?)
- Jackson, MS → Mobile, AL (180 mi) via Hwy 49/ Hwy 98
- Hotel Check-In: Fairfield Inn Mobile (map attached) 334-316-0974  
1 non-smoking room w/ 2 double beds for unspecified #. \$55 w/ Gov. ID. Includes breakfast.  
Confirmation # 9983235
- Only need to bring in one tote bag for tomorrow

## Wednesday, January 9

- Khaki shirts/ pants (tote 1)
- Pray/ check gas
- Mobile, AL → Tallahassee, FL (250 mi) via I-10
- Tallahassee, FL → Kissimmee, FL (265 mi) via I-10/ Hwys 19/ 27
- Stop in Gainesville to see Fred Bear Museum – p. 86
- Hotel Check-In: Sleep Inn Maingate (p. 662/ map p.560) 407-396-1600  
1 non-smoking room w/ 2 double beds for 2 adults + children (free) \$44.96 (military rate).  
Includes deluxe continental breakfast and free transportation to Magic Kingdom.  
Confirmation #129698

## Thursday, January 10

- Red polo shirts/ jeans/ denim shirts (bag 1/ tote 2)
- Pray/ check gas
- Diaper bag: diapers/ wipes/ formula/ water/ / diabetes kit/ tablets/ change of clothes/ pads/ blanket
- Beach bag: hats/ sunglasses/ sun block/ snacks/ lots of water/ camera/ extra film
- Tour Epcot (Future World opens at 9 am, World Showcase opens at 11 am)
- Kissimmee, FL → Ft. Lauderdale, FL (200 mi) via Florida Turnpike/ I-95
- Hotel Check-In: Lago Mar Resort (p. 363) 954-523-6511  
2 adjoining suites for 2 adults, 8 children. Two heated pools, beach, miniature golf.  
No breakfast included, but complimentary laundry!!  
Doug made reservations in conjunction with CME course
- Bring in Tote #2 (For tomorrow's run + Sunday's striped shirts)
- Note: next time take in The Holy Land Experience and Discovery Cove (swim with dolphins, etc)

## Friday, January 11

- Yellow polo shirts/ jeans (bag 1)
- Doug in class – 7 am to noon
- Get gas/ breakfast
- Mom & kids visit “Young at Art” Children's Museum in Davie, FL – p. 77

(954)424-0085. Open 10-5. Free to DSP members.

- Pick up Doug for lunch/
- Explore Riverwalk and beach
- Play miniature golf at hotel
- Swim/ see movie?
- Run 4 mi (on hotel treadmill?)

## **Saturday, January 12**

- White polo shirts / denim shorts (bag 1)
- Send out laundry
- Doug in class – 8 am to noon
- Get gas/ breakfast
- Mom & kids visit Museum of Discovery and Science in Ft. Lauderdale, FL – p. 74  
Note human body exhibit. Metered parking – bring change.  
(954)467-6637. Open 10-5. Free to DSP members.
- Meet Doug for lunch – Papa John's Pizza?
- Drive to Miami to see Parrot Jungle and Gardens – p. 116  
(305)666-7834. Daily 9:30-6:00. Admission \$15 adult/ \$10 ages 3-10. Save \$4 per person with attached Internet coupon plus Papa John's box topper coupon.
- See Holocaust Memorial. Open daily 9-9. Free.- p. 114
- If time allows, visit Miami Metro Zoo (free to Dallas Zoo Members) or Fairchild Tropical Gardens (free to DSP members)

## **Sunday, January 13**

- Navy stripes / denim shorts (bag 2)
- Doug in class – 8 am to noon
- Repack for trip – put white polos from yesterday aside in laundry bag + navy sweatshirts (to leave in van; clear space in luggage for souvenirs)
- Pray/ check gas
- Ft. Lauderdale, FL → Miami, FL (27 mi) via I-95
- Board ship at 12 pm (have pink slip filled out in advance, luggage tags attached to bags)  
*Voyager of the Seas* (ship name) – (800)227-1300
- Unpack and hang dinner clothes
- Lunch buffet in Windjammer restaurant (deck 11) served from noon to 4 pm)
- Doug must register for conference between 4:30 and 6:30 in front of Meeting Room C on deck 2
- Change for dinner (boys into casual khaki pants, girls into navy dresses)
- Run 12 mi on ship track (after kids are tucked in for night)

## **Monday, January 14**

- Red polo shirts/ casual khaki pants (bag 1)
- Doug in class aboard ship (morning session begins at 7 am)
- Check out rock climbing, shopping, ice skating
- Swim about 4 pm (just before dinner)
- Formal dinner (suit for Dad, cocktail dresses for girls, navy blazers, etc. for boys)
- After dinner show?

## **Tuesday, January 15**

- Orange T-shirts/ denim shorts over swimsuits (bag 2)
- Diaper bag: diapers/ wipes/ formula/ water/ / diabetes kit/ tablets/ change of clothes/ pads/ blanket
- Beach bag: water shoes/ hats/ sunglasses/ life jackets/ sun block/ insect repellent/ camera/ film
- Ship docks Labadee, Hispaniola (8 am to 4 pm)
- Spend day at the beach/ shopping??

- Run 5 mi on ship track

### **Wednesday, January 16**

- New Orleans T-shirts/ denim shorts over swimsuits (bag 2)
- Diaper bag: diapers/ wipes/ formula/ water/ / diabetes kit/ tablets/ change of clothes/ pads/ blanket
- Beach bag: water shoes/ hats/ sunglasses/ life jackets/ sun block/ insect repellent/ camera/ film
- Ship docks Ocho Rios, Jamaica (9 am to 5pm)
- Locate a local tour guide w/ van (pray God leads us to the right one!)
- Tour Bimmer Hall Plantation
- Visit market (Soni's Plaza or Taj Mahal)
- Sample Jerk Goat or Chicken, Saltfish and Ackee, Swimmers, Blue Mountain Coffee, Rum Punch, Mangoes, Cashews and Bananas
- Climb Dunn's River Falls (974-2857)

### **Thursday, January 17**

- Khaki shirts/ shorts over swimsuits (bag 1)
- Diaper bag: diapers/ wipes/ formula/ water/ / diabetes kit/ tablets/ change of clothes/ pads/ blanket
- Beach bag: water shoes/ hats/ sunglasses/ life jackets/ sun block/ insect repellent/ camera/ film
- Ship docks Georgetown, Grand Cayman (8 am to 5 pm)
- Hike through Queen Elizabeth's Botanical Park
- Go to Hell – mail postcards
- See turtle farm?
- Explore 7 Mile Beach (only 5½ miles long)
- Visit Cayman Islands National Museum or Captain D's Park (zoo) if time allows
- Run 9 mi on ship track

### **Friday, January 18**

- Niagara Falls T-shirts/ khaki shorts over swimsuits (bag 1)
- Diaper bag: diapers/ wipes/ formula/ water/ / diabetes kit/ tablets/ change of clothes/ pads/ blanket
- Beach bag: water shoes/ hats/ sunglasses/ life jackets/ sun block/ insect repellent/ camera/ film
- Ship docks Cozumel, Mexico (10 am to 7 pm)
- Swim with the dolphins at Chankanaab State Park? Park has safe swimming area in lagoon, off-shore snorkeling (by boat?)
- El Cedral – horseback to Mayan ruins?
- Parque Punta Sur – tour park on bicycles or by open-sided bus

### **Saturday, January 19**

- Yellow polo shirts/ blue jeans (bag 1)
- Doug in class aboard ship
- Spend day with children rock climbing, skating, shopping, swimming
- Run 12 mi on ship track (after kids are tucked in for night)

### **Sunday, January 20**

- Kelly green T-shirts/ jeans (bag 2)
- Ship docks in Miami, FL at 8:30 am
- Drop Mom & Dad at airport by 10 am
- Tour Vizcaya Museum and Gardens – p. 116  
Ten-acre villa includes 34-room mansion lavishly furnished with European decorative arts representing the Renaissance, baroque, rococo and neoclassic eras. Use of cameras in house is prohibited. Hedges and walls divide estate into several small gardens. Extensive formal gardens contain sculptures from France and Italy.  
Open 9:30 – 5:00. Admission \$10 adults/ \$5 ages 6-12 (total \$50)

- Miami, FL → Perry, FL (426 mi) via Florida Turnpike to Alachua/ JCT 441 to Hwy 27
- Hotel Check-In:
- Best Budget Inn (800)458-7215  
One non-smoking room for 2 adults (didn't ask how many children) \$34.95 (AAA)  
Confirmation #0354 (Marjorie)

## Monday, January 21

- Hunter green polos/ jeans (tote 3)
- Perry, FL → Wakulla, FL (48 mi) via Hwy 98/ US 267?
- Visit Edward Ball Wakulla Springs State Park (Ponce de Leon's "fountain of youth") – p. 230
- Wakulla, FL → Hattiesburg, MS (350 mi) via I-10 to Mobile, AL/ Hwys 98/ 49
- Hotel Check-In: Comfort Suites – (601)261-5555  
One room w/ 2 double beds + sofa sleeper for 2 adults/ 8 children, \$55 (gov. rat)  
Continental breakfast included. Confirmation #127012

## Tuesday, January 22

- Army green T-shirts/ jeans (tote 3)
- Hattiesburg, MS → Natchez, MS (130 mi) via Hwys 49/ 84
- Tour Natchez Visitors Center (Hwy 84 on MS/LA state line)  
Watch 20-min. historical film THE NATCHEZ STORY (w/ coupons: \$1 adult, 50 cents age 5-17)
- Take a driving tour (at least) of Antebellum homes in the city
- Natchez, MS → Tyler, TX (260 mi) via I-10/ I-49/ I-20
- THERE'S NO PLACE LIKE HOME!!!
- Run 5 mi around Rose Rudman

## Remember to bring:

Hats, sunblock, sunglasses, camera, film, passports, tickets, tour books, snacks, updated DSP card, insect repellent, Dramamine (patches?), vinegar/alcohol solution (for ears), water shoes, fully loaded diabetes kit, bottled water/ formula/ baby food, maxi-pads (Bethany?), ear plugs, running shoes + outfits/ ace bandage, strollers, snacks, Carmex!, antibiotics, Tylenol, spank stick, stationery, scrapbooks, sewing kit, needlework, school schedules, formula

**NOTE: You'll note that Doug and I were preparing for our first and only – so far – marathon at the time of this vacation, but we ended up not running at all once we boarded that cruise ship, despite our good intentions. (And yes, we still ended up finishing the marathon a month later, despite the break in training). Doug attended two different medical conferences during this trip, which allowed us to write off his ticket for the cruise, as well as one of our hotel rooms in Fort Lauderdale. We missed the Fred Bear Museum in Gainesville, but managed to squeeze in a day at Epcot and a tour of the Vizcaya in Miami that we hadn't planned on.**

## **Pack:**

### Bag 1 (Original)-

Red polos/ jeans  
Yellow polos  
White polos/ denim shorts  
Socks/ underwear  
Diapers/ wipes  
Sleep shirts

### Bag 1 (Repacked)-

Red polos/ casual khaki pants  
Khaki shirts/ shorts  
Niagara Falls T-shirts  
Yellow polos/ blue jeans  
Socks/ underwear  
Diapers/ wipes  
Sleep shirts

### Bag 2-

Navy striped T-shirts (wear on Sunday w/ day old denim shorts)  
Khaki shorts (do NOT wear w/ stripes; move to case 1 in Ft. Lauderdale)  
Orange T-shirts/ denim shorts  
New Orleans T-shirts  
Kelly green T-shirts  
Socks/ underwear  
Diapers/ wipes  
Sleep shirts

### Bag 3-

Formal dining clothes  
Dress shoes  
Dress khakis  
Socks/ underwear  
Diapers/ wipes  
Hot rollers

### Tote 1-

Khaki shirts  
Medicines  
Toiletries  
Swimsuits  
Extra gown for mom

### Tote 2-

Maroon T's/ navy shorts  
Wedgewood T's/ royal blue shorts  
Beige T's/ red shorts  
Biking shorts/ pads/ sports bras x3  
Ace bandage  
Running shoes and socks  
Denim shirts

### Tote 3-

Hunter green polos/ jeans  
Army green T-shirts